

Area Office On Aging of Northwestern Ohio, Inc.

December 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/2/2024 Beef Patty w/Gravy <i>or</i> Oven Fried Chicken Parslied Brown Rice Green Peas Wheat Bread Fresh Fruit Milk Margarine Diet - Same	12/3/2024 Chicken w/Mushroom Gravy <i>or</i> Liver and Onions Whipped Potatoes Broccoli Wheat Bread Tropical Fruit Milk Margarine Diet - Same	12/4/2024 Sliced Turkey Breast Poultry Gravy <i>or</i> Beef Patty w/Mushroom Gravy Baked Sweet Potato Mixed Vegetables Wheat Bread Fruited Gelatin Milk Margarine Diet - Fruit Gelatin	12/5/2024 Spinach Lasagna <i>or</i> Beef Spaghetti Sauce Spaghetti Noodles Tossed Salad Garlic Texas Bread Peach Cobbler Milk Ranch Salad Dressing Margarine Diet - Hot Spiced Peaches	12/6/2024 Sweet & Sour Chicken <i>or</i> Teriyaki Meatballs Fried Rice Ginger Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same
12/9/2024 BBQ Pork Rib Patty <i>or</i> BBQ Chicken Patty Baked Beans Whole Kernel Corn Wheat Hamburger Bun Fresh Fruit Milk Diet - Same	12/10/2024 Tuscan Chicken <i>or</i> Savory Beef Patty Rosemary Potatoes Green Peas Wheat Bread Fresh Fruit Milk Margarine Diet - Same	12/11/2024 Asian Meatballs <i>or</i> Mongolian Chicken Brown Rice Oriental Vegetables Wheat Bread Fresh Fruit Milk Margarine Diet - Same	12/12/2024 Cheese Omelet <i>or</i> Sausage Patty Hashbrown Casserole Orange Juice Biscuit Scalloped Apples Milk Margarine Assorted Jelly Diet - Same	12/13/2024 Pork Roast w/Gravy <i>or</i> Turkey w/Supreme Sauce Buttermilk Potatoes Cabbage Medley Wheat Bread Strawberry Cake Milk Margarine Diet - Angel Food Cake
12/16/2024 Beef Stroganoff <i>or</i> Pineapple Glazed Chicken Whipped Potatoes Green Beans Wheat Bread Fresh Fruit Milk Margarine Diet - Same	12/17/2024 Macaroni & Cheese <i>or</i> Beef Fiesta Macaroni Herbed Green Peas Copper Penny Salad Wheat Bread Pear Crisp Milk Margarine Diet - Hot Pears	12/18/2024 Creole Steak <i>or</i> Turkey Breast w/Gravy Whipped Sweet Potatoes Broccoli w/Red Peppers Wheat Bread Fresh Fruit Milk Margarine Diet - Same	12/19/2024 Taco Meat <i>or</i> Picante Chicken Mexican Rice Lettuce/Tomato Hot Spiced Fruit Flour Tortilla Milk Taco Sauce Sour Cream Diet - Same	12/20/2024 ~Christmas Meal~ Glazed Ham <i>or</i> Baked Chicken Breast w/Gravy Buttermilk Potatoes Green Bean Casserole Dinner Roll Cranberry Crunch Milk Margarine Diet - Angel Food Cake
12/23/2024 Lemon Pepper Chicken <i>or</i> Savory Beef Patty Northern Beans Okra & Tomatoes Multi-Grain Bread Fresh Fruit Milk Margarine Diet - Same	12/24/2024 Closed for Holiday	12/25/2024 Closed for Holiday	12/26/2024 Chilaquiles Casserole <i>or</i> Taco Pie Whole Kernel Corn Green Beans Cornbread Fresh Fruit Milk Margarine Diet - Same	12/27/2024 ~New Year's Meal~ Pork Roast w/Gravy <i>or</i> Baked Chicken Breast w/Gravy Succotash Cabbage and Carrots Breadstick Birthday Cake Milk Margarine Diet - Angel Food Cake
12/30/2024 Savory Chicken <i>or</i> Spanish Beef Patty Paprika Potatoes Glazed Carrots Wheat Bread Pineapple Tidbits Milk Margarine Diet - Same	12/31/2024 Turkey Tetrzzini <i>or</i> Chicken Rice Casserole Whole Kernel Corn Green Beans Wheat Bread Fresh Fruit Milk Margarine Diet - Same			 <p>TRIO Community Meals</p> <p>Nourishment through compassionate care.</p>

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Ingredient Information Available
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